

December 2024

(706) 344-3700

DAWSON COUNTY SENIOR SERVICES

Dawsonville, GA
2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| 2 9:00-3:00 Gym on your Own | 3 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic | 4 9:00-3:00 Gym on your Own | 5 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic | 6 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga |
| 9 9:00-3:00 Gym on your Own | 10 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic | 11 9:00-3:00 Gym on your Own | 12 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic | 13 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga |
| 16 9:00-3:00 Gym on your Own | 17 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic | 18 9:00-3:00 Gym on your Own | 19 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic | 20 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga |
| 23 No Exercise Classes 9:00-3:00 Gym on your Own | 24 Closed for Christmas | 25 Closed for Christmas | 26 No Exercise Classes 9:00-3:00 Gym on your Own | 27 No Exercise Classes 9:00-3:00 Gym on your Own |
| 30 No Exercise Classes 9:00-3:00 Gym on your Own | 31 No Exercise Classes 9:00-3:00 Gym on your Own | Closed January 1st for New Year's Day | | |