

February

(706) 344-3700

2025

DAWSON COUNTY SENIOR SERVICES

Dawsonville, GA

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:00 – Sit N Stretch 11:00 - Lunch 11:45 Women's Club</p> 	<p>4</p> <p>11:00- Lunch 11:30 – Legacy Link – Aging & Dementia Discussion</p>	<p>5</p> <p>10:00 – Sit N Stretch 11:00 – New Life Church \$5.00 11:00- Lunch</p>	<p>6</p> <p>11:00 – Lunch 11:30 – Health Talk 12:00 – Bible Study (Optional) 12:00-2:00 – Art</p>	<p>7</p> <p>11:00 – Lunch 12:00-3:00 – Art</p>
<p>10</p> <p>10:00 – Sit N Stretch 11:00 - Lunch 11:45 - Anchor Realty</p> 	<p>11</p> <p>11:00- Lunch 11:30 – Craft Day</p>	<p>12</p> <p>10:00 – Sit N Stretch 11:00- Lunch 11:45 - Walmart</p> 	<p>13</p> <p>11:00 – Lunch 11:30 -1:30 Valentine's Party 12:00-2:00 – Art</p>	<p>14</p> <p>11:00 – Lunch 12:00-3:00 – Art</p>
<p>17</p> <p>Closed for President's Day</p>	<p>18</p> <p>11:00- Lunch 11:30 – Nutrition Talk & Taste</p>	<p>19</p> <p>10:00 – Sit N Stretch 11:00- Lunch 11:30 - Health Talk 12:00 – Food Lion & Dollar Tree</p>	<p>20</p> <p>11:00 – Lunch 11:30 – Tornado & Fire Drill & Tips 12:00 – Bible Study (Optional) 12:00-2:00 – Art</p>	<p>21</p> <p>11:00 – Lunch 12:00-3:00 – Art</p>
<p>24</p> <p>10:00 – Sit N Stretch 11:00 - Lunch 11:45 – Humana Bingo</p> 	<p>25</p> <p>11:00 - Lunch 11:30 – Smart Donkey Game & Prizes</p>	<p>26</p> <p>10:00 – Sit N Stretch 11:00- Lunch 11:45 - Walmart</p> 	<p>27</p> <p>11:00 – Lunch 12:00 – Bible Study (Optional) 12:00-2:00 – Art</p>	<p>28</p> <p>Center closed with the exception of Concord, Memory, and Yoga 11:00 – Concord Church \$8.00</p>
<p>*Friday, February 28th the center will be closed for clients. For those that have signed up for Concord and ride the bus, we will pick you up and</p>	<p>take you straight to the church and then take you back home after the service. We will not have food at the center on this day and we will not</p>	<p>be delivering Meals on Wheels. More information to come closer to the date. For those that drive to Concord, you will just meet us</p>	<p>there as normal.</p>	<p>Sign Ups: New Life Church - \$5 Craft Day Nutrition Talk & Taste Concord Church - \$8</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00-3:00 Gym on your Own	4 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	5 9:00-3:00 Gym on your Own	6 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	7 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga
10 9:00-3:00 Gym on your Own	11 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	12 9:00-3:00 Gym on your Own	13 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	14 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga
17 Closed For President's Day	18 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	19 9:00-3:00 Gym on your Own	20 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	21 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga
24 9:00-3:00 Gym on your Own	25 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	26 9:00-3:00 Gym on your Own	27 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	28 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga