October



(706) 344-3700

DAWSON COUNTY SENIOR

Dawsonville, GA

2024

Monday	Tuesday	Wednesday	Thursday	Friday
Sign Up:	1 11:00 – Lunch	2 10:00 - Sit 'N Stretch	3 11:00 - Lunch	4 11:00 – Lunch
New Life Church Flu Shots Fall Craft		11:00-Lunch	12:00 – Bible Study & music with Pastor Joe	11:45 – Food Lion & Dollar Tree
Pumpkin Farm Early Voting		11:00 – New Life Church	1:00 – Healthy Snack Presentation	
Concord Church Halloween Party			12:00 -2:00 – Art	12:00-3:00 – Art
7 10:00 Sit 'N Stretch	8 11:00- Lunch	9 10:00-Sit 'N Stretch	10 10:00 – Flu Shots	11 11:00 – Lunch
11:00 – Lunch	11:30 – Emily	11:00-Lunch	11:00 – Lunch 11:30 – Singing By –	
12:00 (B)	Hill – My Square Insurance	11:45 – Walmart	Rose Chumbley 12:00 – Bible Study & music w/ Paster Joe	12:00-3:00 – Art
		>:<	12:00-2:00 – Art	
14 10:00–Sit 'N Stretch	15 11:00- Lunch	16 10:00–Sit 'N Stretch	17 11:00 – Lunch	18 11:00 – Lunch
11:00 – Lunch	11:30 – Fall Craft	11:00-Lunch	11:30 – Staff & Client Meeting	11:45 – Food Lion & Dollar Tree
12:00 SLNGO		11:30 – Pumpkin Farm	12:00 – Bible Study & music with Pastor Joe	DOLLAR TREE
			12:00-2:00 – Art 🖌	12:00-3:00 – Art 🖌
21	22	23	24	25
10:00–Sit 'N Stretch 11:00 – Lunch	11:00- Lunch 11:30 – Yuri Zak	10:00–Sit 'N Stretch	11:00 – Lunch 11:30 – Health Talk	11:00 – Lunch
12:00 BLNGO	with Aetna Insurance	11:00-Lunch	12:00 – Bible Study & music with Pastor	11:00 – Concord Church
	12:30 – Early Voting at Election Office	11:45 – Walmart	Joe 12:00-2:00 – Art	12:00-3:00 – Art
28	29	30	31	
10:00–Sit 'N Stretch 11:00 – Lunch	11:00 – Lunch	10:00-Sit 'N Stretch	11:00 - Lunch 11:30-12:30 – Bible	****Staff & Client Quarterly Meeting.
12:00 3 1 1 6 0	11:30 – Georgia Legal Aid	11:00-Lunch	Study & music with Pastor Joe	Bring all your questions and concerns.
		11:45 – Walmart	12:30-2:00 – Halloween Party	

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Monday	Tuesday	Wednesday		Thursday	Friday
	1 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	9:00-3:00 Gym on your Own	2	3 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	4 9:00-3:00 Gym on your Own 10:00 – 11:00 – Yoga
7 9:oo-3:oo Gym on your Own	8 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	9:00-3:00 Gym on your Own	9	10 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	11 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga
14 9:00-3:00 Gym on your Own	15 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	9:00-3:00 Gym on your Own	16	17 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	18 9:00-3:00 Gym on your Own 10:00 – 11:00 - Yoga
21 9:00-3:00 Gym on your Own	22 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	9:00-3:00 Gym on your Own	23	24 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	25 9:00-3:00 Gym on your Own 10:00- 11:00 - Yoga
28 9:oo-3:oo Gym on your Own	29 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	9:00-3:00 Gym on your Own	30	31 9:00-3:00 Gym on your Own 9:00-10:00 SS Circuit 10:00-11:00 SS Classic	1 9:00-3:00 Gym on your Own 10:00- 11:00 - Yoga